

WALDHEIM ALPINE SPA



Getting There

Cradle Mountain Lodge is located a scenic 2.5 hour drive from Launceston and 1.5 hours drive from Devonport.

Transfer services are available, for more information contact our Reservations team on 1300 806 192 (within Australia) or +61 3 6492 2103 (International).

Contact:

Cradle Mountain Lodge
4038 Cradle Mountain Road, Cradle Mountain,
Tasmania, 7306 Australia
PO Box 153, Sheffield, Tasmania 7306

Tel: 1300 806 192 (within Australia)

Tel: 03 6492 2100 (International)

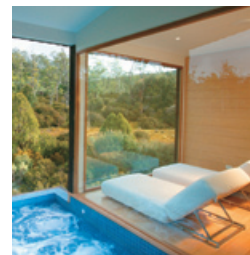
Email: reservations@cradlemountainlodge.com.au

www.cradlemountainlodge.com.au

Waldheim Alpine Spa

Tel: 03 6492 2133

Email: spa@cradlemountainlodge.com.au



RELAX ... REJUVENATE ... INDULGE ...



CRADLE MOUNTAIN LODGE
TASMANIA



Indulge yourself with one of Australia's most amazing wilderness spa experiences



The Waldheim Alpine Spa at Cradle Mountain Lodge reflects the natural purity and pristine beauty of the Tasmanian wilderness.

Relax

Our selection of spa treatments focus on healing and relaxing the body and mind naturally. We choose to use the natural spa care range Elemis, supported by a number of Tasmanian products.

As you enter the Spa, your senses are awakened by subtle aromas, creating a welcoming ambience and evoking a feeling of complete relaxation and escape. The selection of treatments are inspired by nature to nurture the mind, body and spirit, with a complete selection of face and body treatments for both men and women. If you would like to share your spa experience with a partner or friend, many of our treatments can be conducted in our spacious double treatment and Vichy shower rooms.

Rejuvenate

After a day of exploring the spectacular beauty of Cradle Mountain, soothe your aching muscles in our dedicated therapeutic retreat, The Sanctuary. Here, we will combine the healing elements of hot and cold hydrotherapy with a steam room, sauna, hot-tub and cool plunge pool as well as a lounge with pristine views of the surrounding wilderness.

Indulge

The Waldheim Alpine Spa is one of Australia's most spectacular and indulgent spa experiences.

All visitors welcome. Advance bookings are recommended. The Spa environment is open to those 16 years of age and over.

For bookings:

Telephone 03 6492 2133

Email spa@cradlemountainlodge.com.au

Web www.cradlemountainlodge.com.au